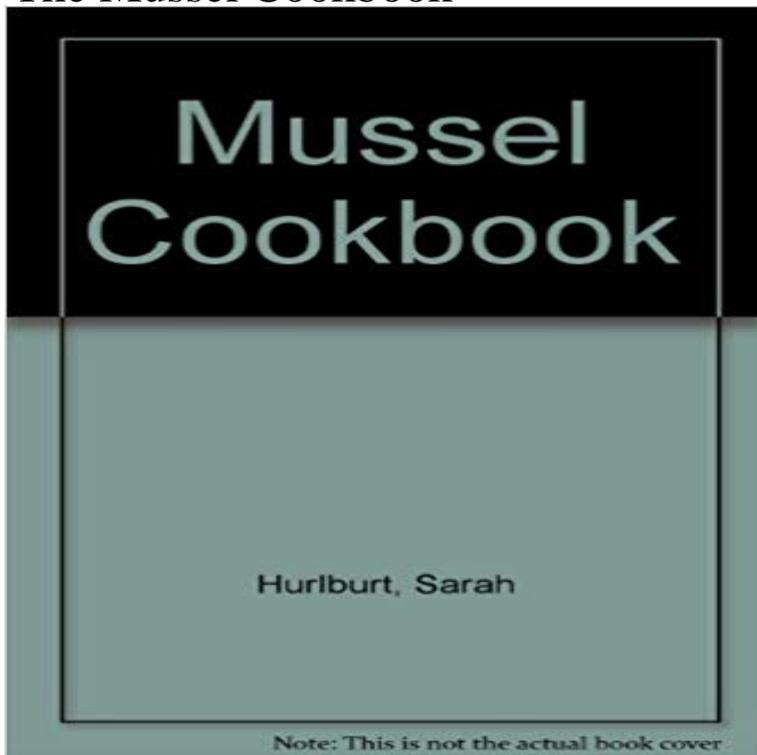


The Mussel Cookbook



Tender, plump, and tasty, the blue mussel (*Mytilus edulis*) is treasured in most of the world's cuisines but strangely ignored in North American cooking. This edible mollusk is naturally abundant on both American coasts and easily cultivated. As over-harvesting makes many other seafoods ever more scarce and expensive, the blue mussel offers an inexpensive and attractive alternative to more costly and wasteful sources of protein. To tempt American palates and draw attention to this remarkably versatile and nutritious seafood, Sarah Hurlburt has written *The Mussel Cookbook*. In her entertaining introduction, Hurlburt tells about mussels?how they live, how they saved a bridge from collapsing, why barrels of them appeared in American police stations, how they are farmed in Spain, France, and Holland. Then she offers over a hundred recipes. Whether you are a beginning cook or a devotee of haute cuisine, you will find recipes to match your abilities: simple dishes for the out-of-doors, appetizers, soups and stews, salads, casseroles, main dishes from abroad, and elegant party entrees. From Europe Hurlburt brings back paella, cannelloni, and soufflé of mussels, among many others. From Asia come curried and stir-fried mussels as well as the delectable midia dolma. There are a dozen quick-and-easy tricks; there are flamed mussels and mussels Rockefeller. She describes how to clean and freeze mussels, and gives tips on how to use them. Sarah Hurlburt in collaboration with her husband, Graham, has spent many years learning about the blue mussel. Together they have studied European methods of mussel farming and begun their own experimental Cultivation project in Massachusetts. Ms. Hurlburt's recipes have been featured in the *New York Times*, the *Boston Globe*, the *Boston Herald American*, and *Harvard Magazine*. Stories about the Hurlburts' adventures with mussels have appeared in

the Washington Post, the Cornell Quarterly, and the Marine Fisheries Review. A discussion of their work has appeared in the Congressional Record.

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The mussel cookbook - Agris - FAO A fantastic collection of mussel recipes from some of Italys greatest chefs. From seafood spaghetti to fish soups and unusual starters, these dishes are bound to **The Mussel Cookbook by Hurlburt, Sarah: Harvard University Press** Hi Serious Eaters, I LOVE mussels (shellfish of any kind) and I wish I could prepare them on my own in my apartment. However, most recipes call for wine, **The Mussel Cookbook: Sarah Hurlburt: 9780674595422: Amazon** To tempt American palates and draw attention to this remarkably versatile and nutritious seafood, Sarah Hurlburt has written The Mussel Cookbook. In her **Bacon and Beer Mussels - PEI Mussels - Mussel Recipes** Tender, plump, and tasty, the blue mussel (*Mytilus edulis*) is treasured in most of the worlds cuisines but strangely ignored in North American cooking. **100+ Mussel Recipes on Pinterest** **Cooking mussels, Mussels** 4lbs (1.8kg) fresh PEI mussels 1 tbsp (15ml) olive oil 1/2 cup (100g) smoked bacon, finely chopped 2 small shallots, finely chopped 2 cloves garlic, finely If you can locate canned or bottled mussels more readily than fresh, you can always use them in recipes that call for mussel meats obtained by steaming fresh **Mussel Recipes w/out Wine! Serious Eats** **Mussel Recipes** - Mussels in broth, mussels in wine, so many great mussels recipes in one place. **Mussels in White Wine Recipe Ina Garten Food Network** Mussel Recipes // Soups & Chowders // Brie and Basil Mussel Chowder Note: For the mussel meat ingredient, see Island Steamed Mussels for how to cook! **The Mussel Cookbook Sarah Hurlburt Harvard University Press** Mussel recipes from Martha Stewart, including moules mariniere, steamed mussels, chilled mussels, soup, and stew. **Mussels with Gnocchi - PEI Mussels - Mussel Recipes** Make the most of your fresh seafood with these mussel recipes. **Cookbook:Mussel - Wikibooks, open books for an open world** This cookbook, Mussels, is the satisfying result. It includes 77 recipes for using mussels in every type of dish, from where you would expect them-in appetizers, **Mussels: Preparing, Cooking and Enjoying a Sensational Seafood** Cultured Mussel Cookbook [Alan Watson] on . *FREE* shipping on qualifying offers. **Best Mussel Recipes and Mussel**

Cooking Ideas - The Daily Meal Tender, plump, and tasty, the blue mussel (*Mytilus edulis*) is treasured in most of the and nutritious seafood, Sarah Hurlburt has written The Mussel Cookbook. **Mussel Recipes - Great Italian Chefs** Buy The Mussel Cookbook on ? FREE SHIPPING on qualified orders. **The Mussel Cookbook - Google Books Result** **The Mussel Cookbook (New edition) WHSmith** Mussels are perhaps the easiest seafood meal, ready in mere minutes. Their subtly sweet taste is enhanced in all types of recipes, from buttered pasta to spicy **Brie and Basil Mussel Chowder - PEI Mussels - Mussel Recipes** LodLive provides a demonstration of the use of Linked Data standards to browse RDF resources. Loading Other subjects. MUSSELS MEJILLON COOKING **The Mussel Cookbook - Sarah Hurlburt - Google Books** Find Mussel ideas, recipes & cooking techniques for all levels from Bon Appetit, where food and culture meet. **Mussels Carbonara - PEI Mussels - Mussel Recipes** Find and save ideas about Mussel recipes on Pinterest, the worlds catalog of ideas. See more about Cooking mussels, Mussels white wine and Mussels. **The Great Eastern Mussel Cookbook: Cindy McIntyre, Terence** This is a copy cat of Carrabbas Restaurants mussels (they are incredible). I had to find their recipe. I hope you Hi, [user] Sign Up Log In. Recipes Mussels **Mussel Recipes - Coastal Living** Tender, plump, and tasty, the blue mussel (*Mytilus edulis*) is treasured in most of the and nutritious seafood, Sarah Hurlburt has writtenThe Mussel Cookbook. **How To Cook Mussels - Mussel Cooking Tips - Cooking With PEI** PEI Mussels - Recipes and tips on how to cook, buy and store fresh and nutritious Prince Mussels naturally open and close their shells when out of water. **Carrabbas Mussels Cozze Bianco Recipe -** Aug 23, 2011 From easy Mussel recipes to masterful Mussel preparation techniques, find Mussel ideas by our editors and community in this recipe collection. **Mussel Cioppino - PEI Mussels - Mussel Recipes** : The Mussel Cookbook: 169 pages. 20.5 x 19.5 cm. With an entertaining introduction, Mrs. Hurlburt explains how mussels live, how they are **NEW The Mussel Cookbook by Sarah Hurlburt 9780674595422 eBay** Buy The Great Eastern Mussel Cookbook on ? FREE SHIPPING on qualified orders. **The Mussel Cookbook by Sarah Hurlburt (1979, Paperback) eBay** Simmer Ina Gartens recipe for Mussels in White Wine on the stovetop with garlic, saffron and plum tomatoes for an easy yet Home Recipes Ina Garten. **Cultured Mussel Cookbook: Alan Watson: 9780892722495: Amazon** 2 lbs (1 kg) fresh PEI mussels 1/2 cup (125ml) white wine 2 tbsp olive oil 2 cloves garlic, finely chopped 1/2 tsp saffron threads 1/2 tsp chili flakes 1 cup (250ml) **Mussel Recipes - Sunset** Blanch and peel tomatoes. In a heavy bottom pan toss peeled tomatoes with 2 Tbsp olive oil, 1 tsp of sugar and a pinch of salt & pepper. Place in 325 degree F